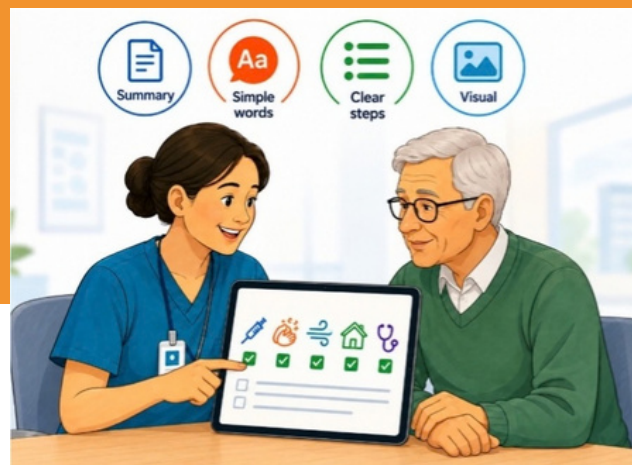




# Health information tailored to you: WHAT ROLE DOES AI PLAY?

Have you ever received a prescription, test result, or other medical document and felt like it was written in another language? Medical terms can be difficult, and stress or fatigue can make information even harder to remember.

This is exactly where artificial intelligence (AI) comes in to help your healthcare team simplify the information or present it differently, so it may be easier to understand.



## AI: A tool for tailoring information

AI isn't a substitute for your doctor. However, it can help care teams present information in a way that works best for you:

- **A short summary:** to get straight to the point;
- **Simple language** that clearly explains medical terms;
- **Step-by-step instructions** so you know exactly what to do;
- **Visuals or infographics** for those who understand better with images.



### Warning!

AI isn't **perfect**. It can make mistakes (**hallucinations**). That's why in the **CPIN research program**, every AI-generated message is reviewed and approved by a team of healthcare professionals before sending.

For more information, see [this resource from the Canadian Medical Association](#)

## A concrete example: Preventing respiratory viruses

### Short summary



Vaccination, hand hygiene, ventilating indoor spaces, and self-isolation when symptoms appear are effective preventive measures for limiting the transmission of pathogenic viruses.

### Simple terms



Getting vaccinated, washing your hands, ventilating indoor spaces, and staying home when sick can help slow the spread of respiratory viruses.

### Practical steps



1. Check your vaccinations
2. Monitor your symptoms
3. Stay home if you're sick
4. Contact your healthcare team if you're sick

### Visual format



## What does this mean for you?

### Clearer information can help you:

- **Understand your options:** Choose your care with confidence thanks to simple explanations.
- **Share information:** Easily explain your situation or needs to your family and caregivers.
- **Prepare for your conversations:** Come to your appointments knowing what you would like clarified

### Share your feedback

Think about health information you have recently received. Was it clear or confusing? Give your healthcare providers, feedback on the information you receive so they can learn your preferences.

**Reminder !** To protect your privacy, do not enter personal information like your name, address, health card number, or medical records into an AI tool.

### Questions?

Please email us at: [info@cpin-rcip.com](mailto:info@cpin-rcip.com)

*This isn't about limiting yourself to a particular learning style. You may prefer different formats depending on the topic at hand.*